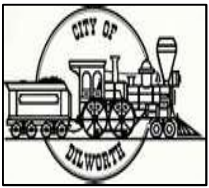

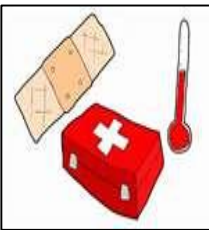











LOCO DAZE WEEK!!!

- *Please be sure children or grandchildren are supervised by family when visiting. The Seasonal Room is available for TV viewing, games, and the Wii. Please ask the staff for assistance if needed.
- *Scooters are only allowed in the dining room in cases of medical necessity or as approved by management.
- *Please remind your guests to fill out a guest meal envelope for when you have visitors for meals.
- *Laundry room will be available for use after 10am for individuals wanted to complete their own laundry.

**Reminder, if you do not care to eat the meal that is being prepared, you must notify someone at least 1 hour in advance so we can prepare something different for you.

<p><i>Monday, July 26th</i></p> 	<ul style="list-style-type: none"> ☀️ LOCO Daze Starts This Today In Dilworth, Look For The Flyer Going Around Serenity For All The Details ☀️ Outside Walking (Weather Permitting) Today. Group Walk Around 3:30 pm ☀️ Afternoon Snack & Social Hour Starting At 3pm In The Dining Room ☀️ Soulstice Exercise with Leonie @ 4:00! ☀️ Supper & Bingo At The Dilworth Community Center Tonight. \$4.00 Meal With Ten Cent Bingo After. Van Leaves At 4:45pm. Must Sign Up By Sunday <p>Noon Meal: Vegetable Beef Soup, Summer Sausage Sandwich & Snicker Bar Salad Evening Meal: Beef Roast, Mashed Potatoes, Baby Carrots & Fruit</p> <p style="text-align: center; color: orange;">"People can rain on your parade only if you let them." East Ten Shopping Starting At 2:00pm with Staff!</p>	<p>High: 90 Low: 70 Partly Sunny</p> 
<p><i>Tuesday, July 27th</i></p> 	<ul style="list-style-type: none"> ☀️ Dilworth Health & Wellness Fair Today From 10:00am - 1:00pm At The Dilworth Community Center. Let Your Loved Ones Know If You Wish To Attend ☀️ Afternoon Snack & Social Hour Starting At 3pm In The Dining Room ☀️ Outside Walking (Weather Permitting) Today. Group Walk Around 3:30 pm ☀️ Sit Down Dancing At 4:15pm In The Formal Dining Room With Staff. Let's Exercise Together! ☀️ "The Music Man" 7:30pm At Hanson Theatre, MSUM. Call 218-477-2271 For Details. <p>Noon: Chicken & Rice Hotdish, Fruit & Bread Evening: Gyros, Greek Feta Salad & Jell-O</p> <p style="text-align: center; color: orange;">"A Shortcut Is Often The Quickest Way To Some Place You Weren't Going"</p>	<p>High: 82 Low: 60 40% Chance Of Storms</p> 
<p><i>Wednesday, July 28th</i></p> 	<ul style="list-style-type: none"> ☀️ Afternoon Snack & Social Hour Starting At 3pm In The Dining Room ☀️ Outside Walking (Weather Permitting) Today. Group Walk Around 3:30 pm ☀️ Soulstice Exercise with Leonie @ 4:00! ☀️ Furbal, Annual Fundraiser; Enjoy Tastes Of Local Restaurants. All Proceeds Benefit The Red River Zoo. 6 - 10pm. Call 701-277-9240 For Details ☀️ Worship Hour At Dilworth Lutheran Tonight At 6:45pm. If Interested In Going Please Let Elaine Know ☀️ The Annual Trollwood Musical.... "Anything Goes" At Trollwood Performing Arts Center. July 14th - 17th. Call 218-477-6500, July 28th - Aug. 1st <p>Noon: Tater Tot Hot Dish, Green Peas & Creamed Cucumbers Evening: Spaghetti, Meatballs & Italian Mandarin Orange Lettuce Salad</p> <p style="text-align: center; color: orange;">"There Is No Shortcuts To Any Place Worth Going"</p>	<p>High: 81 Low: 58 Partly Sunny</p> 
<p><i>Thursday, July 29th</i></p> 	<ul style="list-style-type: none"> ☀️ Hot Breakfast Morning At Serenity. Come See What Tim And Richard Have Prepared! ☀️ Bible Study With John Dabill at 9:15 am. Meet in the Formal Dining Room ☀️ Afternoon Snack & Social Hour Starting At 3pm In The Dining Room ☀️ Outside Walking (Weather Permitting) Today. Group Walk Around 3:30 pm ☀️ Sit Down Dancing At 4:15am In The Formal Dining Room With Staff. Let's Exercise Together! ☀️ Wine & Cheese Night, Starting At 5:45pm, Come And See What We Are Serving <p>Noon: Split Pea and Dumpling Soup, Ham Sandwich & Cookie Salad Evening: Pork Chops, Stuffing, Mixed Veggie & Relish Tray</p> <p style="text-align: center; color: orange;">"What Isn't Tried Won't Work"</p>	<p>High: 82 Low: 60 Partly Sunny</p> 
<p><i>Friday, July 30th</i></p> 	<ul style="list-style-type: none"> ☀️ Afternoon Snack & Social Hour Starting At 3pm In The Dining Room ☀️ Outside Walking (Weather Permitting) Today. Group Walk Around 3:30 pm ☀️ Soulstice Exercise with Leonie @ 4:00! ☀️ Ladder Golf Outside Today At 4:00pm. Get Your Partner And See Who Wins Today!! ☀️ Fargo Blues Festival Today And Tomorrow At Newman Outdoor Field. Call 218-287-7775 For All The Details <p>Noon: Chicken Nuggets, Potato Salad, Carrots & Orange Slices Evening: Shrimp Scampi, Rice Pilaf With Vegetables, Corn Meal Muffins & Coleslaw</p> <p style="text-align: center; color: orange;">"The Man Who Removes A Mountain Begins By Carrying Small Stones"</p>	<p>High: 83 Low: 61 Chance Of Storms</p> 
<p><i>Saturday, July 31st</i></p> 	<ul style="list-style-type: none"> ☀️ 5k Run/Walk Starting At 8:00am ☀️ Manicure's Today Starting At 9 am With Staff. Let Staff Know If You Would Like Your Nails Done. ☀️ LOCO Daze Parade Today At 10:30am. Let Your Loved Ones Know If You Want To Go ☀️ Afternoon Snack & Social Hour Starting At 3pm In The Dining Room ☀️ Outside Walking (Weather Permitting) Today. Group Walk Around 3:30 pm <p>Noon: Macaroni & Cheese With Bite Sized Hotdogs, Baked Beans & Jell - O Evening: Fried Chicken from Cash Wise or Pizza, Leftovers, & Fruit</p> <p style="text-align: center; color: orange;">"You Can't Hit A Home Run Unless You Step Up To The Plate"</p>	<p>High: 83 Low: 61 Partly Sunny</p> 
<p><i>Sunday, August 1st</i></p> 	<ul style="list-style-type: none"> ☀️ Church Service at St. Elizabeth's (Dilworth) at 9 Transportation on your own ☀️ Dilworth Lutheran Church Service at 9:30 a.m. Transportation on your own ☀️ St. Francis De Sales Church Service At 10 a.m. Transportation By St. Francis, Bus Leaves Serenity At 8:30 a.m. ☀️ Church Services on TV starting at 10:00am. If you Need Help Finding The Right Station, Ask The Staff For Assistance ☀️ Afternoon Snack & Social Hour Starting At 3pm In The Dining Room ☀️ Outside Walking (Weather Permitting) Today. Group Walk Around 3:30 pm ☀️ The Serenity Cart Will Be Going Around Today Starting At 3:45pm. Make Sure To Get What You Need Off Of The Cart When It Stops By Your Room <p>Noon: BLT's, Macaroni Salad & Carrot - Raisin Salad Evening: White Rice With Raisins Served With Cream And Sugar & Grilled Cheese Sandwiches</p> <p style="text-align: center; color: orange;">"The greatest gift of the garden is the restoration of the five senses."</p>	<p>High: 82 Low: 60 Partly Sunny</p> 
<p><i>Monday, August 2nd</i></p> 	<ul style="list-style-type: none"> ☀️ Afternoon Board Games In The Formal Dining Room Starting At 2:30pm. A Great Time To Play Some Games, Have Some Coffee, & Share Some Laughs ☀️ Afternoon Snack & Social Hour Starting At 3pm In The Dining Room ☀️ Outside Walking (Weather Permitting) Today. Group Walk Around 3:30 pm ☀️ Soulstice Exercise with Leonie @ 1:30! ☀️ The Fargo Theatre's Annual Summer Classic Film Series Begins Today With The Sound Of Music Playing At 7pm <p>Noon: Bean Bacon Soup, Ham Sandwich & Cottage Cheese Salad Evening: Pork Roast, Mashed Potatoes, Glazed Baby Carrots & Relish Tray</p> <p style="text-align: center; color: orange;">"A Journey Of A Thousand Miles Begins With The First Step"</p>	<p>High: 86 Low: 63 Partly Sunny</p> 